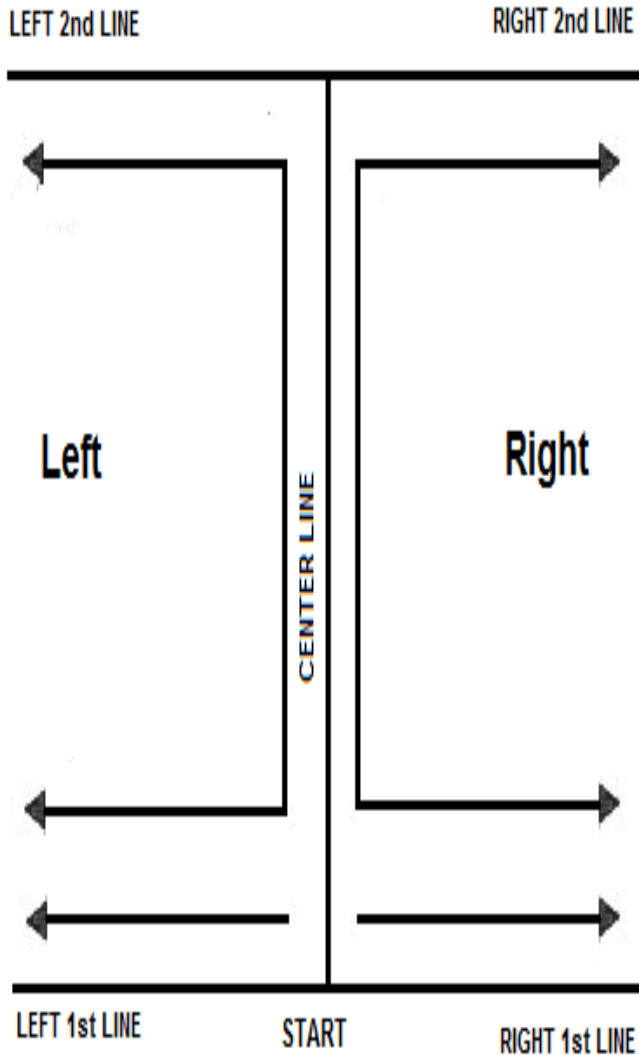


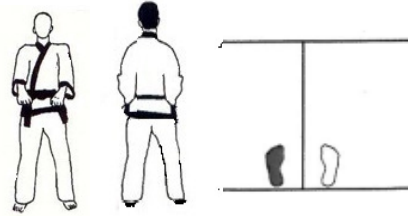
KEE CHO HYUNG YIBU

This is the second form in the Tang Soo Do Moo Duk Kwan system. It follows the same pattern as the previous form. This form emphasizes all of the basic stances, and concentrates on the transition between stances. This form was developed by Hwang Kee in 1947 in Seoul, Korea. It contains 22 techniques including Choon Be Jaseh.



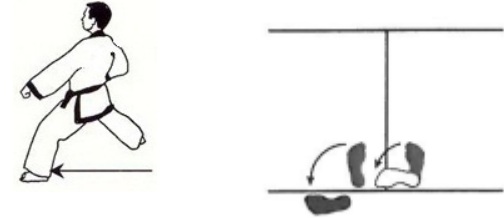
KEE CHO HYUNGS

1. Choon Bee Jaseh

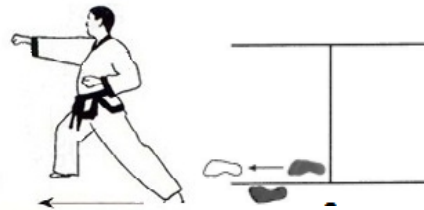


Front View

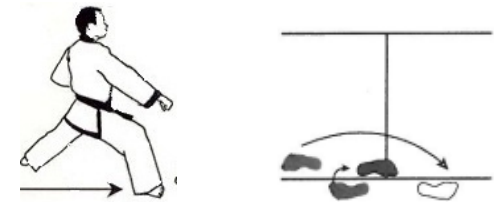
2. **Look left:** Step/turn left 90° with the left foot into a front stance while executing a left hand low block



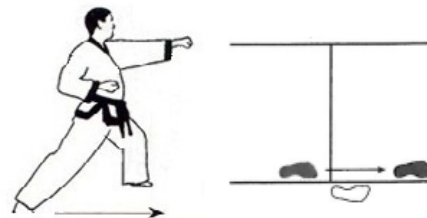
3. Step forward with the right foot into a front stance while executing a right hand high punch.



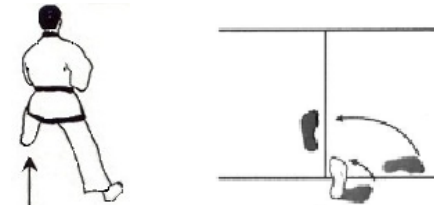
4. **Look over the right shoulder 180°** - turn 180° w/the right foot to into a front stance while executing a right hand low block



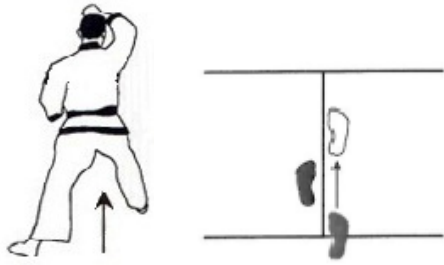
5. Step forward with the left foot into a front stance while executing a left hand high punch



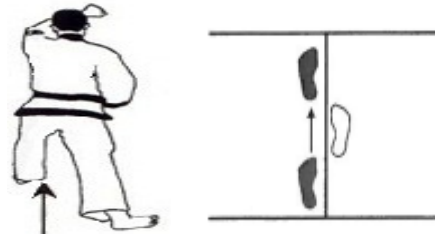
6. **Look left 90°** turn to the left 90° w/the left foot into a front stance while executing a left hand low block .



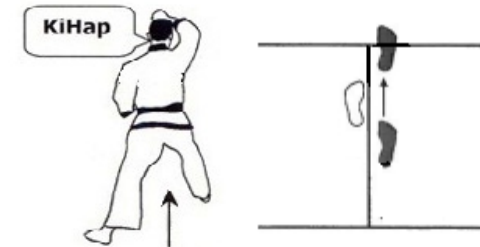
7. Step forward with the right foot into a front stance while executing a right hand high block



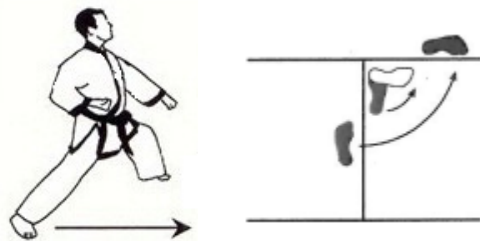
8. Step forward with the left foot into a front stance while executing a left hand high block .



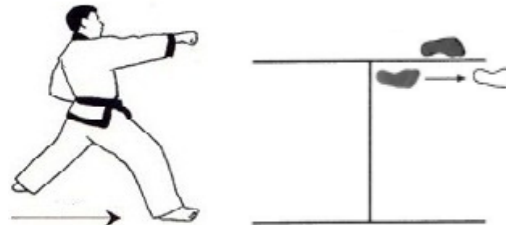
9. Step forward with the right foot into a front stance while executing a right hand high block. **KiHap**.



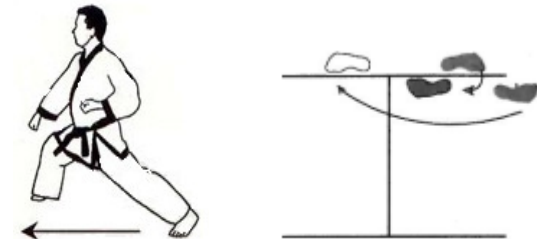
Look right 90° – then left over the left shoulder, while turning counterclockwise (to the left) 270° placing the left foot into a front stance while executing a left hand low block.



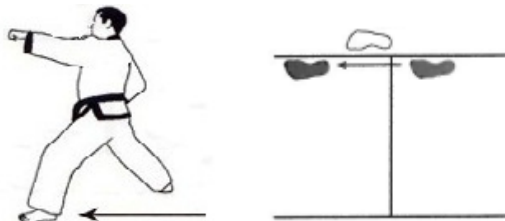
11. Step forward with the right foot into a front stance, while executing a right hand high punch.



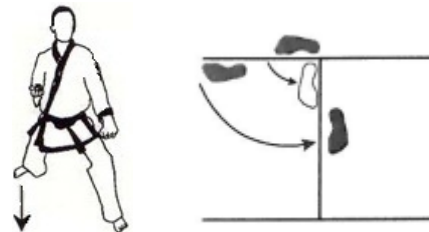
12. **Look over the right shoulder 180°** - turn 180° w/ the right foot to into a front stance while executing a right hand low block



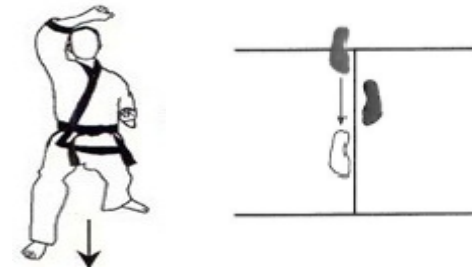
13. Step forward with the left foot into a front stance while executing a left hand high punch .



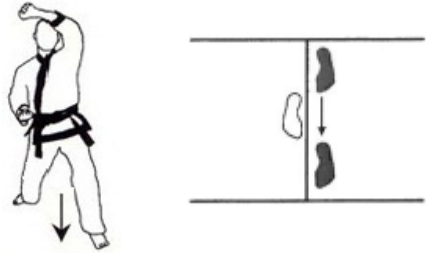
14. **Look left 90°** turn to the left 90° w/the left foot to into a front stance while executing a left hand low block.



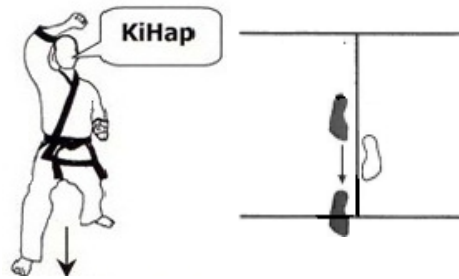
15. Step forward with the right foot into a front stance while executing a right hand high block..



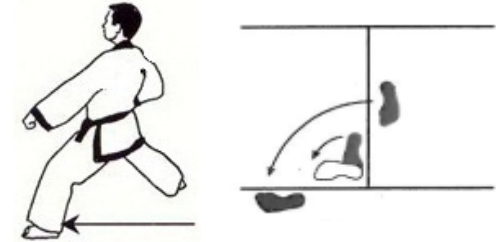
16. Step forward with the left foot into a front stance while executing a left hand high block.



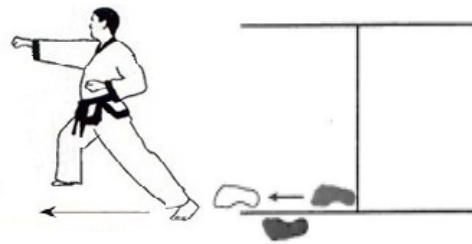
17. Step forward with the right foot into a front stance while executing a right hand high block. **Ki hap.**



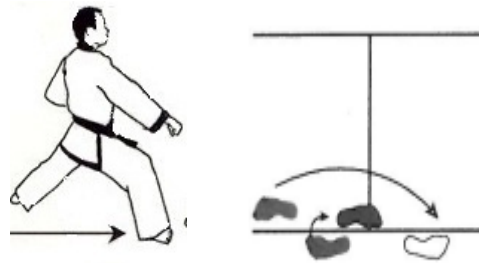
18. **Look right 90° – then left over the left shoulder,** while turning counterclockwise (to the left) 270° placing the left foot into a front stance while executing a left hand low block.



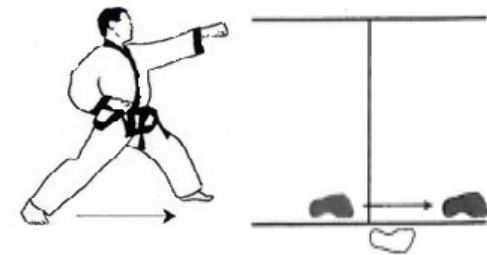
19. Step forward with the right foot into a front stance while executing a right hand high punch.



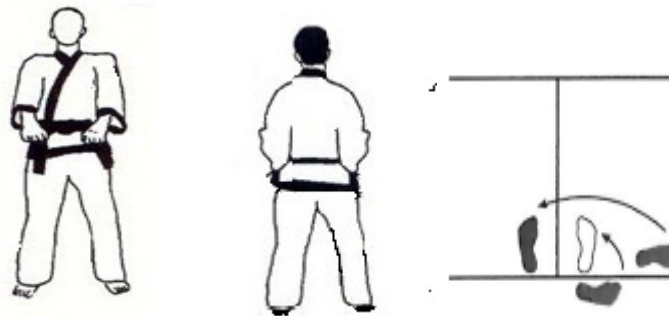
20. **Look the right shoulder 180°** - turn 180° to the right w/the right foot to into a front stance while executing a right hand low block.



21. Step forward with the left foot into a front stance while executing a left hand high punch.



22. Return to Choon Bee Jaseh upon command



Front View