

Kubaton self-defense #2-

1) Attack- Left hand punch/grab to the defender's right shoulder.



2) Defender-Kubaton is in right hand- while executing a left hand an inside/outside block, **2a)** take a small step back with the right leg while striking the attacker's solar plexus with the Kubaton's end.



3) As the attacker is driven back- Load and execute a front snap Kick to the Solar Plexus



2a)

